

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM–Fighting Fit 5:00 AM–Boot Camp 6:00 AM–Boot Camp 5:00 – YJJ 6:00 – Open TSD 6:00 – Warrior Program 7:00 – Boot Camp 7:00 – Battojutsu 8:00 – Boot Camp 8:00 – Muay Thai	2:00 – Open TSD 4:15 – Little Ninjas 4:00 – YJJ 5:00 – ASJJ 6:00 – BJJ 7:00 – Open TSD 7:00 – Open Mat 8:00 – Krav Maga 8:00 – MT Drills (Green+)	5:00 AM–Fighting Fit 5:00 AM–Boot Camp 6:00 AM–Boot Camp 5:00 – Open TSD 6:00 – Little Ninjas 6:00 – YJJ 7:00 – Boot Camp 7:00 – Muay Thai 8:00 – Boot Camp 8:00 – ASJJ	2:00 – Open TSD 4:00 – Muay Thai 5:00 – Little Ninjas 5:00 – YJJ 6:00 – ASJJ 6:00 – BJJ 7:00 – Open TSD 7:00 – Open Mat 8:00 – Krav Maga 8:00 – MT Drills (Green+)	5:00 AM–Fighting Fit 5:00 AM–Boot Camp 6:00 AM–Boot Camp 5:00 – Open TSD 6:00 –TSD Sparring 6:00 – ASJJ 7:00 – Boot Camp 7:00 – Muay Thai 8:00 – Boot Camp	Various.

1 Happy New Year!!!	2 Normal Schedule	3 Normal Schedule	4 Normal Schedule	5 Normal Schedule	6 Battle Games (Sword + Sorcery) 11 AM – 1 PM \$10/person Ages 7+
8 Normal Schedule	9 Normal Schedule	10 Normal Schedule	11 Normal Schedule	12 Normal Schedule MT Sparring 8-9	13 Krav Maga Makeup 9:30-11:00 AM
15 BUDDY WEEK! Normal Schedule 8:00 – Boot Camps Begin	16 BUDDY WEEK! Normal Schedule	17 BUDDY WEEK! Normal Schedule	18 BUDDY WEEK! Normal Schedule	19 BUDDY WEEK! Normal Schedule	20 Leadership Academy Open applications. See back for more information. 10 AM – 4 PM
22 Normal Schedule	23 Normal Schedule	24 Normal Schedule	25 Normal Schedule	26 Normal Schedule MT Sparring 8-9	27 Krav Maga Makeup 9:30-11:00 AM
29 Normal Schedule	30 Normal Schedule	31 Normal Schedule	Feb 2 Normal Schedule	Feb 2 Normal Schedule	Feb 3

Leadership Academy has space for both Junior Leaders (under 13 years old) and 13+!

Leadership Academy – January 20th

This is a free event for the benefit of our students and community.

Our first Leadership Academy will be covering the skills, theory, and philosophy of leadership and instruction both in and out of the school. Like most things, leadership is a skill that can be developed with practice and dedication. You have to be willing to work (and fail) at it to truly excel.

10 AM – 1 PM: Leaders (13+ years old)

1 PM – 2 PM: Lunch Break

2 PM – 4 PM: Junior Leaders (under 13) – the 13+ group will remain to help and practice with the Junior Leaders.

There is no hard and fast rank requirement to participate. Applications will be available at the front desk. Everybody interested should apply, regardless of their plans for teaching or leading within the school.