

May 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM–Fighting Fit 6:00 AM–Boot Camp 5:00 – Brown-Red TSD 5:00 – YJJ 6:00 – White-Green TSD 6:00 – Warrior Program 7:00 – Boot Camp 7:00 -- Battojutsu 8:00 – Muay Thai 8:00 – ATSD	12 PM–Boot Camp 2:00 – Open TSD 4:15 – LD 4:00 – YJJ 5:00 – ASJJ 5:00 – White-Green TSD 6:00 – Brown-Red TSD 6:00 – BJJ 7:00 – Black Belts Only 7-8:30 – Open Mat	5:00 AM–Fighting Fit 6:00 AM–Boot Camp 5:00 – White-Green TSD 5:00 – Brown-Red TSD 6:00 – LD 6:00 – YJJ 7:00 – Boot Camp 7:00 – Muay Thai 8:00 – ASJJ 8:00 – ATSD	12 PM–Boot Camp 2:00 – Open TSD 4:00 – Muay Thai 5:00 – LD 5:00 – YJJ 6:00 – ASJJ 6:00 – BJJ 7:00 – Open TSD 7-8:30 – Open Mat	5:00 AM–Fighting Fit 6:00 AM–Boot Camp 6:00 – Open TSD 6:00 – ASJJ 7:00 – Boot Camp 7:00 – Muay Thai	Various, plus: 12 PM–Boot Camp

1 Normal Schedule	2 Normal Schedule	3 Normal Schedule	4 Normal Schedule	5 Normal Schedule	6
8 Normal Schedule Boot Camps Start	9 Leadership 7-9 No Black Belt Class or Study Group Still open mat.	10 Normal Schedule	11 Normal Schedule	12 Normal Schedule MT Sparring 8-9	13 Keegan’s Sandan Demo 1 PM Graduation 3:00 PM (please arrive at 2:45).
15 BUDDY WEEK! Normal Schedule	16 BUDDY WEEK! Normal Schedule	17 BUDDY WEEK! Normal Schedule	18 BUDDY WEEK! Normal Schedule	19 BUDDY WEEK! Normal Schedule	20 Nerf Party: \$10 12-2 PM We supply Nerf guns and ammo!
22 Normal Schedule	23 Normal Schedule	24 Normal Schedule	25 Normal Schedule	26 Normal Schedule MT Sparring 8-9	27
29 Closed for Memorial Day	30 Normal Schedule	31 Normal Schedule	June 1 Normal Schedule	June 2 Normal Schedule	June 3

Please note that although there is a graduation in May, there is no traditional testing for TSD brown belt and higher.
 Sign up for the Nerf Party at the front counter! Only \$10 for two hours!